Walter Martin
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KENTUCKY TACTICAL OFFICERS ASSOCIATION, INC.

Nathan Craig Secretary

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To: Basic S.W.A.T. Students

From: Dallas Greer; K.T.O.A. Training Director

Date: Saturday, February 25, 2017

Subject: 2017 K.T.O.A. Basic S.W.A.T. Officers Course

Welcome and thanks for planning to attend the 2017 K.T.O.A. Basic SWAT Officers Course at Wendall H. Ford Regional Training Center. Attached is a flyer that has information reference the POPS test requirements and Basic Firearms Qualification. Be advised that you are required to pass these basic qualifications on Monday, July 11th before starting the course.

Report times for the course will be Sunday, July 09, 2017 between 1700-1800 local time (CST) if you plan to check in on this date. Again, the course will take place at Wendall H. Ford Regional Training Center in Greenville KY. Below is the address:

Wendall H. Ford Regional Training Center

4675 State Route 181N Greenville KY 42345

Directions:

From Western Kentucky:

- 1. Take the Western Kentucky Parkway heading East.
- 2. Take exit 53, KY-181, towards Sacramento/Greenville.
- 3. Turn left onto 181.
- 4. Shortly after turn left into front gate of WHFRTC.

From North Eastern Kentucky:

- 1. Take the Bluegrass parkway heading west.
- 2. Merge onto I-65 S exit 1B toward WK parkway.
- 3. After approximately 2 miles take exit 91, Western Kentucky parkway west towards Paducah/Owensboro.
- 4. Take exit 53, KY-181, towards Sacramento/Greenville.
- 5. Turn left onto 181.

6. Shortly after turn left into front gate of WHFRTC.

From South Eastern Kentucky:

- 1. Take the Cumberland Parkway heading west.
- 2. Merge onto I-65 S, exit 1B, toward Bowling Green.
- 3. Merge onto the William H. Natcher Parkway, exit 20, heading north toward Owensboro.
- 4. Merge onto the Western Kentucky Parkway, exit 41B, heading west toward Paducah.
- 5. Take exit 53, KY-181, towards Sacramento/Greenville.
- 6. Turn left onto 181.
- 7. Shortly after turn left into front gate of WHFRTC.

When you enter the front gate, proceed to the common parking area on the right and you will be met by K.T.O.A. staff and directed to your lodging area. You will have ample time to unload your gear. **NO LOADED FIREARMS ARE ALLOWED IN THE BARRACKS.**

Lodging will be provided on site in open bay barracks. Bring any bedding and toiletries that you will need for the two weeks. All meals will be provided on site at a dining facility except for Sunday nights and dinner on the last day of the course (Friday the 21st).

The course will start at 0800 on July 10^{th} in the classroom. The uniform will be PT gear as we will move immediately to the PT Track for the POPS test.

Should you have any further questions, feel free to contact me.

Thanks, and Stay Safe,

Dallas Greer

K.T.O.A. Training Director

Mobile: 859-227-9720

E-Mail: Dallas.greer@ky.gov

Dallas Greer



K.T.O.A. BASIC S.W.A.T. OFFICERS COURSE



SUBJECT: 80 Hour Basic S.W.A.T. Officers Course (KLEC Approved)

DATES: July 10th – 14th, 2017

July 17th - 21st, 2017

LOCATION: Wendell H. Ford Regional Training Center (WHFRTC)

4675 State Route 181N Greenville, KY 42345

INSTRUCTORS: K.T.O.A. Training Cadre

COURSE DESCRIPTION:

This course will provide students with a basic working knowledge of a S.W.A.T. team and the skills to operate within that team. Students will be introduced to basic S.W.A.T. tactics and techniques which include, but are not limited to: historical overview of S.W.A.T., team organization and structure, resolution of barricaded suspect situations, covert individual and team movement, structure searches and room clearing, officer down and rescue, vehicle engagements, warrant service, and multiple field training exercises. Student will also be exposed to basic safe weapons handling and live fire application of mission specific weapons in a Team and Close Quarters environment. This will be a physically demanding course for the student. Each student will be required to pass a physical fitness assessment and a basic firearms proficiency exam on the first day of class. Any student who does not pass those tests will be removed from the course immediately. A refund will not be provided for any student who fails either of those tests. The standards are listed on page 2 for you to review.

IMPORTANT NOTICE TO STUDENTS:

This class is designed to get as much information and basic tactics introduced to you in two weeks. Come fully prepared to work hard and open your mind to tactics and techniques that may be new to you. Do not expect scheduled breaks or lunches. Drink when you're thirsty, eat when you're hungry. Expect to be challenged!

EQUIPMENT LIST:

- Personal hygiene products to include (bug spray, sunscreen, laundry detergent, etc.)
- Sleeping bag and/or blankets and pillow
- Physical fitness clothing and running shoes
- BDU or other similar tactical uniform (mixture of long and short sleeves)
- Inclement weather clothing/gear
- Ear and eye protection
- Note taking material with writing utensil
- 1,500 rounds handgun
- 1,500 rounds rifle
- Agency issued rifle/other shoulder mounted weapon with 3 magazines (primary weapon system)
- Agency issued handgun with holster and 3 magazines (secondary weapon system)
- Simunition conversion kit if host agency has one (K.T.O.A. has kits for M-16/M-4 rifles and Glock pistols)
- Gas mask with filter and pouch
- Tourniquet with basic medical kit in a pouch
- All ballistic protection issued by your host agency that you would wear in an operation
- Helmet
- Gloves
- Kevlar Sleeves (optional but recommended) and Balaclava
- Five (5) Noise Flash Distraction Devices if host agency wants officer/deputy certified
- Any other equipment a S.W.A.T. Officer would use or deploy with in an operation

Cost:

Tuition for this course is \$650 (for K.T.O.A. members) or \$750 (for non K.T.O.A. members). Course is limited to twenty-five (25) students. Lodging and meals are included in tuition price. Due to the sensitive nature of this course, all students will be asked to provide agency I.D. No refunds or cancellations after <u>July 01, 2017</u>. Payment is due by Friday, June 30, 2017 by COB.

CLASSROOM INFORMATION: (LOCATION AND TIME)

- Starting Date: Monday, July 10, 2017 @ 0800 hours @ WHFRTC
- Student(s) may report on Sunday, July 09, 2017 @ 1700-1800 hours (no meals will be provided on this date)

PHYSICAL FITNESS ASSESSMENT REQUIREMENTS: (DOCJT)

Bench Press ≥73% (body weight)
 Sit-ups ≥18 (repetitions)
 300m Run ≤65 (seconds)
 Push Ups ≥25 (repetitions)
 1.5 Mile Run ≤16:15 (min:sec)

FIREARMS PROFICIENCY EXAM:

Stage 1: 25 Yard Line
 25 seconds to draw and fire 5 rounds

- Stage 2: 15 Yard Line
 15 seconds to draw and fire 5 rounds
- Stage 3: 10 Yard Line
 3.5 seconds to fire 2 rounds from the low ready
 3 reps 3x2
- Stage 4: 10 Yard Line
 5 seconds to fire 2 rounds from the holster
 3 reps 3x2
- Stage 5: 7 Yard Line
 3 seconds to fire 2 rounds from the low ready
 3 reps 3x2
- Stage 6: 7 Yard Line
 4.5 seconds to fire 2 rounds from the holster
 3 reps 3x2
- Stage 7: 5 Yard Line
 5 seconds to perform a failure drill from holster
 2 reps 2x3
- Stage 8: 5 Yard Line 4 seconds to perform a failure drill from the ready

2 reps 2x3

Stage 9: 5 Yard Line
 3 seconds to fire 2 rounds to head; from ready
 2 reps 2x2

The target used will be the KSP Qualification target KSP-QUAL V2 @ http://www.letargets.com/



Scoring System:

- 70% is minimum passing score
- 50 rounds
- Hits inside the Rapid Incapacitation Zone (RIZ) of the body and the Instant Incapacitation Zone (IIZ) of the head are awarded 2 points. Hits on the gray body but outside of these regions are awarded 1 point. Misses are 0 points.
- · Lines count as a recorded hit

CONTACT INFORMATION:

Basic S.W.A.T. Training Inquiries: Dallas Greer @ <u>Dallas.Greer@Ky.Gov</u> or (859) 227.9720

Registration Related Inquiries: Eric Nelson @ <u>Eric.Nelson@KentonCounty.Org</u> or (859) 392.1834

Form T-1a

Kentucky Law Enforcement Council

PHYSICIAN'S MEDICAL RELEASE FORM

Mail: Kentucky Law Enforcement Council

Funderburk Building 521 Lancaster Ave.

Richmond, KY 40475-3102

Phone: 859-622-6218 Fax: 859-622-5943 INSTRUCTIONS: This form must be completed by a physician or physician assistant prior to the applicant participating in the physical ability, IF the applicant checks "yes" on any question between numbers 1-11 on the Form T-1. If this form is required and not completed, the applicant will be sent home.

Office Use Only

NAME:		
Date of Birth	SS#	

Peace officers in the Commonwealth of Kentucky are required to perform a variety of essential physically demanding tasks including the following:

- Walking for extended periods 0
- Short sprints 0
- Long pursuit running lasting over 2 minutes
- Jumping over and around obstacles
- o Lifting and carrying objects sometimes up and down stairs
- Using hands and feet in use of force situations
- Using force in short and long term (greater than 2 minutes) efforts
- Bending and reaching
- Dragging people and objects as in extracting victims from vehicles

To measure an individual's capacity to perform these critical tasks all applicants must undergo a physical ability test consisting of the following items:

- o 1.5 mile run to measure aerobic power
- o 300 meter sprint to measure anaerobic power
- o Sit ups to measure abdominal muscular endurance
- Push ups to measure upper body muscular endurance
- Free weight bench press to measure upper body absolute strength

Your professional opinion is requested as to whether the individual can safely participate in physical ability testing.

PLEASE CHECK ONE:					
	There are no contraindications to the individual either 1) being capable of performing the essential physical tasks or 2) being capable of undergoing the physical ability test items. There are contraindications and it is recommended that the individual not participate in the physical ability test items.				
	I hereby verify	that the above informati	on is true and accurate.		
	Signed this	day of	, 20		
		Signature of Physician or Physicia	n Assistant		
		Printed Name of Physician or Physic	ian Assistant		

Form T-1

Kentucky Law Enforcement Council

MEDICAL RELEASE

Mail: Kentucky Law Enforcement Council

Funderburk Building 521 Lancaster Ave.

Richmond, KY 40475-3102

859-622-6218 **Fax:** 859-622-5943 Phone:

INSTRUCTIONS: This form must be completed by the applicant prior to participating in the physical agility. Please have applicant bring form to the test site at the time of testing along with picture identification.

Office Use Only

Date of Birth		th	SSN		
	YES	NO			
1.			Has a doctor ever said you have heart trouble?		
2.			Do you frequently suffer from chest pains?		
3.			Do you often feel faint or have severe spells of dizziness?		
4.			Are you over age fifty (50) and not accustomed to vigorous exercise?		
5.			Has a doctor ever said you have an abnormal electrocardiogram (ECG)?		
6.			Do you have diabetes?		
7.			Do you have a close family relative (mother, father, sister, brother) who has heart disease before age 50?		
8.			Has a doctor ever said you have high cholesterol or blood fats?		
9.			Has a doctor ever said you have high blood pressure?		
10.			If you are 35 or older: Do you smoke?		
11.			Has a doctor ever told you that you have a muscle, skeletal, or joint		
			problem which would stop you from doing any type of exercise?		
12.			Optional: What is your reading for the following:		
			Blood Pressure: SBP DBP		
13.			Optional: Blood lipids:		
			Total Cholesterol		
			Total to HDL Ratio		
 	Release KLEC o	Form ffice on verify this	n between numbers 1-11 is checked "YES," the Physician's Medical (T-1a) must be completed. These forms must be received in the or before the scheduled date for Phase I Testing. that the above information is true and accurate. day of, 20		